



	Monday 11/3/2025	Tuesday 11/4/2025	Wednesday 11/5/2025	Thursday 11/6/2025	Friday 11/7/2025	Saturday 11/8/2025	Sunday 11/9/2025
Soup of the Day	Gumbo Minestrone	Ham and Potato Vegetable & wild rice	Chicken Pot pie Tomato Basil*GF	Caldo de Rez Lentil Soup	Clam Chowder Italian Five Bean Soup*GF	-----	-----
Action Station	Crab Cake Sliders	Fajita Station	Create Your Own Pasta	Nachos	Thai Budha Bowl	---	---
Culinary Exchange	Tandoori Chicken Quarters Fricassee Pork Mashed Potatoes Steamed Broccoli *GF Roasted Brussels Sprouts *GF	Shrimp Ala Mexicana Beef Al Pastor Cilantro Lime Rice*GF Jalapeno Zucchini *GF Fajita Vegetables Tortillas	BBQ Chicken Bake beans Jalopeno Sausage *GF Collard Greens *GF Cornbread Bread sticks	Chicken and Broccoli Ropa Vieja Steamed Rice Maduros *GF Steamed Carrots *GF Dinner Rolls	Seared salmon w/ sundried tomato beurre blanc *GF Cajun Pork Roast *GF Mashed Potatoes *GF Sauteed Cabbage *GF 5-way Vegetables*GF Dinner Rolls	Lasagna Steamed Broccoli *GF Breadsticks	Chef's Choice Protein Chef's Choice Starch Chef's Choice Vegetable*GF
WFPB	Paella Verdura	Tofu Curry/ Rice	Plant based Meatballs, Spaghetti	Chickpea Stew/ Vegan potatoes	Cauliflower Taco	---	---
Specialty Sub	Seafood Po'boy	Roasted Vegetables with Hummus	Four Bean Hummus Wrap	Chicken Caesar Wrap	Eggplant and Mushroom Fajita Wrap		
Pizza	Supreme Pizza	Ultimate Veggie Pizza	Calzones	Gluten Free Pizza with Cauliflower Crust*GF	Hawaiian Pizza		



Whole Food Plant Based (Vegan)
is indicated with green font.



Gluten Free is indicated with an asterisk
*GF and orange font after the food item

